

## **IMPORTANT!**

## PLEASE ADD YOUR NEWBORN TO YOUR INSURANCE TODAY

Congratulations on the new addition to your family!

Since insurance can be confusing sometimes, let's take a moment to try and make sure that your little one's office visits are covered by your insurance. Insurance coverage is ultimately the parent's responsibility, but here is what we recommend.

- We highly suggest that you call your insurance company today and start the process of getting your newborn enrolled in your plan.
- Ask your insurance company if they require you to designate a Primary Care Provider (PCP). If so, you will need to let them know which of our physicians you would like to designate as your child's PCP. Regardless of which doctor you choose to designate as your PCP, you will be able to see any one of the doctors in our office and be covered just the same.
- ♥ Inform our front desk of all last names (including mom's maiden name) by which your newborn may have been registered at the hospital or with your insurer.

We follow the American Academy of Pediatrics guidelines. We would like to see your newborn 1-3 days after hospital discharge. Your physician will ask how your baby is feeding, check weight and hydration, evaluate for jaundice, and discuss other important newborn concerns and questions.

Routine well (preventative care) visits are typically performed at the first visit after the hospital discharge, 1 month, 2 months, 4 months, 6 months, 9 months, 12 months, 15 months, 18 months, 24 months, 30 months, 3 years and then annually. This schedule can be found on our website. All other visits are not billed as preventative care and any co-pays and/or deductibles would apply.

Welcome to Milestones Pediatrics and thank you for placing your trust in us.